



# **SUBLETTE UNITED SOCCER CLUB**

## **Policies & Procedures**

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## DEFINITIONS

**Affiliation/Affiliated** is the process of association and continued membership of the successive associations administering soccer programs for US Soccer, USASA, and/or US Youth Soccer. The Wyoming affiliate (WSA) of US Soccer/US Youth Soccer is responsible for governing all affiliated soccer programs and clubs in the state and for collecting and forwarding national registration fees for all players registered with the leagues/clubs/teams under their jurisdiction.

The **Board of Directors (BOD)** govern the club and are responsible for the oversight of the corporation's Executive Director, to whom it has delegated the authority and responsibility of the day-to-day operations. At minimum the board must include a President, Treasurer, and Secretary.

**Bullying** is the intentional, persistent, and repeated pattern of committing or willfully tolerating physical and non-physical behaviors that are intended, or have the reasonable potential, to cause fear, humiliation or physical harm in an attempt to socially exclude, diminish or isolate the targeted athlete(s) or person(s), as a condition of membership.

**Director of Coaching (DOC)** is responsible for the development of coaches and players, and the recruitment of new coaches. They are responsible for developing and scheduling coaching, player, and keeper clinics, and other necessary training to help advance the coach and player knowledge and skills.

**Disciplinary Committee (DC)** will conduct hearings to determine and enforce sanctions for violations of Sublette United rules, policies, and procedures or for violations of the Laws of the Game, beyond those issued by referees.

**Executive Director (ED)** is responsible for the day to day operations of the club and acts as Registrar, Website/Social Media Manager, and is the corporation's Registered Agent.

**Federation Internationale de Football Association (FIFA)** is the world governing organization for soccer, headquartered in Zurich, Switzerland. FIFA is the highest authority for administration of international playing rules, international competitions, and technical and educational development programs. FIFA is sub-administered through six continental associations: Africa, Asia, CONCACAF (North, Central America and Caribbean), Europe, Oceania and South America.

**Harassment** consists of any unwelcome conduct, explicit or implicit, of a verbal, physical, written, or visual nature toward any individual(s), including unwanted sexual advances, requests for sexual favors, and other verbal, physical, written, or visual conduct of a sexual nature. Also prohibited is unwelcome conduct, explicit or implicit, of a verbal, physical, written, or visual nature regarding a person's race, gender, religion, nationality/ethnicity, sexual orientation, or age.

**Hazing** is coercing, requiring, forcing, or willfully tolerating any humiliating, unwelcome, or dangerous activity that serves as a condition for (a) joining a group or (b) being socially accepted by a group(s). Hazing does not include group or team activities that (a) are meant to establish normative team behaviors or (b) promote team cohesion.

**Members** are individuals who are or have participated as a player, are a parent/legal guardian of a player, and/or are a coach or referee in the most recent/present soccer season. Members also include the Board of Directors, managing members, and committee members.

**United States Adult Soccer Association (USASA)** is the division of US Soccer that governs adult (senior) soccer.

**United States Soccer Federation (Federation or USSF)** is the national governing organization for soccer in the United States, the Federation is affiliated with FIFA and is recognized by the United States Olympic Committee.

**US Youth Soccer (USYS)** is the division of US Soccer that governs youth soccer.

**Wyoming State League (WSL)** is the WSA sanctioned state/qualifying league.

**Wyoming Soccer Association (WSA)** is the Wyoming state affiliate of USYS and USAS.

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## **SECTION 1. PURPOSE, MISSION, AFFILIATION**

Sublette United Soccer Club promotes and provides soccer for persons residing within the Sublette County, Wyoming area. The club will develop complete players and teams in all aspects of the game in a safe and supportive soccer community. Sublette United will teach good sportsmanship, leadership and teamwork skills; educate its members in the fundamentals of the game of soccer; promote the game of soccer through sponsorship of regularly scheduled soccer competitions and events; and conduct other such educational activities as are deemed appropriate to the promotion of soccer activities.

Through the WSA, Sublette United is a member of USYS, under the direction of the USSF which is affiliated with FIFA. Membership in these organizations allows Sublette United teams to compete in state, regional and national tournaments. Sublette United will comply with the rules and policies of WSA.

When not in conflict with the bylaws, rules, policies, and procedures of WSA, Sublette United's bylaws, rules, policies, and procedures will control the operations and activities of the club. In the event Sublette United's bylaws, rules, policies, and procedures impose stricter standards or restrictions than the bylaws, rules, policies, and procedures of WSA, these bylaws will govern. In the event standards or restrictions are not provided for in Sublette United's bylaws, rules, policies, and procedures Sublette United will adhere to the bylaws, rules, policies, and procedures of WSA.

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## **SECTION 2. PROGRAMS**

**Recreation** - Youth recreation comprises all intra club programs that compete within the club's youth age-grouped teams. Adult recreation comprises all programs in the club in which individuals over 18 years of age play recreationally. Any eligible youth or adult can participate in the league.

**Competitive** - Youth competitive program comprises all programs in the club that meet the US Youth Soccer (USYS) definition of "classic team," "select team," or "tournament team". The adult competitive league comprises all programs in the club in which adults over 18 years of age play competitively. The use of tryouts, invitations, recruiting, or any similar process to roster players selectively to any team based on talent or ability, is permitted.

**TOPsoccer (The Outreach Program for Soccer)** - Comprises all programs that are community-based training and team placement for athletes with disabilities.

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## **SECTION 3. CODE OF CONDUCT**

All members, volunteers, participants, and spectators at Sublette United activities and events are expected to abide by Sublette United's mission statement and conduct themselves in accordance with the Code of Conduct in such areas as behavior, speech, and action, as well as to follow all the rules, policies, and procedures of Sublette United and its affiliates. If members do not conform to these expectations of conduct, then Sublette United has the right and duty to impose sanctions. Such sanctions may include but are not limited to forfeiture of game(s), suspension, or dismissal from the program.

### **3.1 PROHIBITED CONDUCT**

- Abuse of any kind is prohibited, including but not limited to harassment, bullying, and hazing.
- Physical or verbal intimidation, punishment, or threatening a person(s) with harm is prohibited.
- Inappropriate physical contact or attack by any coach, player, official, or parent to any person is prohibited.
- Emotional and verbal abuse including but not limited to insulting, threatening, mocking, demeaning behavior, or making abusive statements to any person is not tolerated.
- No foul or abusive language.
- The possession, consumption, or use of any alcoholic beverages, illegal drugs, or controlled substance or the possession or use of any firearm at the field area by any player, coach, referee, team official, or spectator prior to, during, or after the playing of any event or activity is prohibited.

### **3.2 CONDUCT WITH YOUTH**

Any sexual activity with a minor is prohibited. To avoid misinterpretation and protect youth, adults and anyone in authority positions will:

- Limit physical contact to that necessary to teach a skill, treat an injury, or console/congratulate a minor player.
- NOT place themselves in one-on-one situations with minor players other than their own before, during, or after any sanctioned events, including but not limited to:
  - Do not be alone in a vehicle with a non-custodial minor without the other parent/guardian's permission
  - Do not take a minor alone to a locker room, bathroom, or any other private room;
  - Do not provide one-on-one training or individual coaching without the parent/guardian's permission and with other adults present;
  - Have all conversations with minors within view of others, on the field, not in a secluded location or office.
  - Any one-on-one interaction with a minor must be observable and interruptible.

### **3.3 BRAND/LOGO POLICY**

Sublette United's logo(s) belong to Sublette United and cannot be used without the consent from the club. Uniformity and team image of both the teams and Sublette United will be maintained.

- No team will be allowed to self-produce or reproduce the Sublette United logo(s) or branded apparel without the approval of the BOD or ED.
- When wearing or using the Sublette United logo(s) or brand, members will not engage in any behavior that reflects poorly on the club.

In matters not outlined above, Sublette United reserves the right to review and advise on appropriate use of Sublette United's brand/logo.

### **3.4 CODE OF CONDUCT & EXPECTATIONS FOR COACHES**

The coach's primary goal is to support the purpose and mission of Sublette United. In addition to Prohibited Conduct and Conduct with Youth, the following standards apply to all coaches before, during and after events and activities. This includes but is not not limited to:

- Conduct yourselves as representatives and ambassadors of Sublette United and its affiliates.
- Adhere to Sublette United's Prohibited Conduct, Conduct with Youth, and Brand/Logo Policies.
- Be proficient in the Laws of the Game as well as event rules.
- Know, implement, and adhere to the curriculum set forth by Sublette United.
- Treat each player with respect and develop the players' ability to deal with pressure, success, defeat, and emphasize cooperation and shared responsibilities.
- Start and end training on time and arrive at training and games prepared to coach.
- No foul or abusive language towards players, referees, fans, or coaches.
- No coach is to discuss any negative aspect of another coach, player, parent, and/or official.
- Players will be supervised during training and games.
- Coaches should never be alone with any one player. One-on-one interaction between player and coach must be observable and interruptible.
- Players must have access to water and restrooms.
- Coaches must have access to the medical release forms for all players at training and games.
- Do not discuss player movement or placement on a team with players or parents before consulting with the DOC.
- All team disciplinary actions will be reviewed by the DOC and/or the DC and can be appealed.

In matters not outlined above, Sublette United reserves the right to review and advise on appropriate behavior or interaction between players, parent(s)/guardian(s), officials, and spectators. Violations will result in disciplinary action.

### **3.5 PLAYER CODE OF CONDUCT**

Good sportsmanship and team play are mandatory. In addition to the Prohibited Conduct and Conduct with a Minor (for players 18+), the following standards apply to all players before, during and after events and activities. This includes but is not not limited to:

- Conduct yourselves as representatives and ambassadors of Sublette United and its affiliates.
- Adhere to Sublette United's Prohibited Conduct, Conduct with Youth (if applicable), and Brand/Logo Policies.
- Consistently attend training, games, and required events.
- Be on time for training and games and arrive ready to play..
- Be an active participant with a positive attitude at training, games, and events.
- Bring and wear proper equipment and attire to all training and games.
- Take pride in your appearance as a member of Sublette United.
  - Uniforms should only be worn for games.
  - Be clean and presentable for games.
  - Undergarments are not to be visible from under the uniform. Jerseys are to be tucked in at the beginning of each game. Shorts should have a minimum three inch inseam.
- No foul or abusive language towards players, referees, fans, or coaches.
- No unsportsmanlike conduct, on or off the field.
- No malicious criticism of teammates.
- Respect the rights and property of others.
- Substance use and/or possession thereof including but not limited to drugs, alcohol, vaping, and/or tobacco is cause for immediate dismissal from the Sublette United programs.

In matters not outlined above, Sublette United reserves the right to review and advise appropriate behavior or interaction between coaches, players, parents, officials, and spectators. Sublette United's Code of Conduct is included in the online registration process and is electronically signed at registration.

### **3.6 PLAYER CONDUCT DURING TEAM TRAVEL**

While on any club-sponsored trip, a player is subject to immediate suspension from the team for the remainder of the trip if the player's misconduct or misbehavior warrants such action as deemed appropriate by the coach(es) and DOC. The player and parents and/or guardian(s) understand that they shall be responsible for making arrangements for the player's return. In the event of a suspension, the

player and/or parent shall be responsible for all costs. A hearing before the DC will be scheduled to review the suspension.

### **3.7 PARENT/GUARDIAN CODE OF CONDUCT**

In addition to Prohibited Conduct and Conduct with Youth, the following standards apply to all parents/guardians before, during and after events and activities. This includes but is not not limited to:

- Conduct yourselves as representatives and ambassadors of the Sublette United and its affiliates.
- Adhere to Sublette United's Prohibited Conduct, Conduct with Youth, and Brand/Logo Policies.
- Drop off and pick up player(s) on time for training and games.
- No parent/guardian is permitted on the training/playing fields or on the coach/player side of the field during training, practice, or events.
- No foul or abusive language towards players, referees, fans, or coaches.
- No malicious criticism of players, referees or coaches, either your own or others.
- Respect coaches, referees, managers and administrators, many are volunteers.
- Do not interfere with or maliciously comment on coach(es) coaching or referees making calls.
- Parents are required to wait 24 hours before bringing any grievance or complaints regarding training or games to the coach(es).
- Respect the rights and property of others.
- Take care and be respectful of equipment and fields.
- Substance use and/or possession thereof including but not limited to drugs, alcohol, vaping, and/or tobacco is cause for immediate dismissal from the Sublette United programs.
- Parents will not place themselves in one-on-one situations with players other than their own before, during, or after Sublette United sanctioned events.

In matters not outlined above, Sublette United reserves the right to review and advise appropriate behavior or interaction between coaches, players, parents, officials, and spectators. Sublette United's Code of Conduct is included in the online registration process and is electronically signed at registration.

### **3.8 PARENT/GUARDIAN CONDUCT DURING TEAM TRAVEL**

While on any club-sponsored trip, a parent is subject to immediate suspension from all team events for the remainder of the trip if the parent's misconduct or misbehavior, at the sole discretion of the DOC, warrants such action. The parents understand that they shall be responsible for all costs associated with the suspension, including the possible forfeiture of all costs and fees relative to the trip. A hearing before the DC will be scheduled to review the suspension.

### **3.9 DISCIPLINARY PROCEDURES**

The Sublette United operates under the guiding principle that the safety, welfare, and moral development of the youth participating in activities is dependent on the ethics, integrity, and trustworthiness of the directors, managers, committees, coaches, volunteers, and affiliates. All members are expected to abide by Sublette United's mission, rules, policies, and procedures and conduct themselves in accordance with the Code of Conduct at any club event or activity. Sublette United reserves the right to impose sanctions on players, coaches, parents, and teams who engage in misconduct.

Sanctions may include but not be limited to:

- A verbal warning from an official representative of Sublette United with a reminder for all involved to review the Code of Conduct. Warnings will be reported to a board member, the ED, or the DOC.
- A meeting to resolve the issue which may result in a probation period or other disciplinary action. Report submitted to the DC and/or the BOD.
- Hearing in front of the DC to decide disciplinary action, including but not limited to suspension from team/club activities.
- For continued or significant misconduct when no resolution for acceptable conduct can be achieved, the Sublette United Board of Directors, upon recommendation of the DC, will disbar, disqualify, or suspend the member from Sublette United.



The decisions of the DC may be appealed to the Board of Directors. Sublette United reserves the right to bypass any step and may immediately suspend a player without notice depending on the severity of the violation. A meeting will be held with all involved to review the suspension.

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## **SECTION 4. SAFETY**

Sublette United is committed to providing a safe environment for its members and participants and ensuring their safety and well-being while involved in events and activities. Each member is required to report any case of questionable conduct or alleged mistreatment toward members and participants by any coach, official, volunteer, player, parent, sibling, or spectator.

### **4.1 RISK MANAGEMENT**

All coaches and staff who are directly involved in children's activity are required to complete the risk management requirements. These requirements include but may not be limited to background screening, SafeSport education, and concussion education.

To avoid misinterpretation and protect youth, adults and anyone in authority positions will abide by the Conduct with Youth requirements in the Section 3.2.

### **4.2 LIABILITY AND MEDICAL**

Sublette United is provided liability and secondary accidental/medical insurance coverage during sanctioned events through WSA. The coverage is secondary and does not meet the requirements of health coverage under the Affordable Care Act.

### **4.3 BACKGROUND SCREENING**

USYS and WSA require background screening for all coaches and volunteers. The screening is necessary for the protection of the organization, its members, and players. It shall be completed per WSA guidelines.

### **4.4 SAFESPORT EDUCATION**

USYS and WSA require all coaches and volunteers to complete the SafeSport education annually. SafeSport is a comprehensive overview of facts, principles, and strategies to help provide safe and positive sports environments. The SafeSport education program includes sexual misconduct awareness, mandatory reporting, and physical and emotional misconduct (including bullying, hazing, and harassment).

### **4.5 CONCUSSION EDUCATION**

USYS and WSA require concussion education for all coaches. It is available through the CDC and shall be completed per WSA guidelines. CSC will follow the guidelines of WSA on concussion protocol.

### **4.6 ANIMALS**

For the safety and health of all players, coaches, officials, and spectators, no animals are permitted on or around any field during training or games.

### **4.7 WEATHER/ENVIRONMENTAL CONDITIONS**

Sublette United will provide a safe training environment based on current and/or forecasted weather and air quality conditions. The proximity of inclement weather and the air quality rating will be a contributing factor to training or games being postponed or canceled. Sublette United will follow the guidelines as outlined by the US Soccer health and safety program, Recognize to Recover. Every effort is made to hold training and games as scheduled. Environmental conditions may change with little to no notice. Sublette United will update teams and players about delays, cancellations, or field closures electronically.

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## **SECTION 6 - COACHES**

Each team must have at least one documented head coach. The head coach has ultimate responsibility for all aspects of the conduct of team activities. It is recommended that each team has an assistant coach as league (and most tournament) rules require a documented team coach to be present during games.

One team parent will be the team manager and will assist in coordinations and communications with all parents on the team from the Coach and Sublette United board and managing members.

### **5.1 ANNUAL COACH REGISTRATION AND APPROVAL**

Prior to becoming a team's head or assistant coach, the qualifications and suitability of a candidate will be reviewed by the DOC and the Vice-Presidents of Competition and Recreation. The Board reserves the right to reject any application for a volunteer coaching position without explanation if it feels that appointment of the individual concerned would either compromise risk management goals or would not be in the best interests of the club.

- All coaches and team personnel who are directly involved in children's activity are required to complete the risk management requirements.
- Sublette United coaches must complete WSA registration each August, and no later than 1 month before the first game.
- Registration with WSA involves:
  - a background check
  - successfully completing the CDC concussion course
  - successfully completing the SafeSport training
  - any other WSA or CSA requirements.

These must be completed and approved before coaches may begin working with their team in any official capacity. All coaches must complete USYS Coaches Code of Conduct forms before their documentation can be processed.

### **5.2 COACHING EDUCATION**

To provide the best soccer experience possible to its players, Sublette United will support participation in coaching courses and clinics to enable coaches to acquire the appropriate coaching licenses from USYS and other recognized organizations. This goal requires the dedication of experienced, educated, and certified coaches.

The normal progression of licensure is, under US Soccer Coaching education, from "Grassroots" through "A". Sublette United will permit only those coaches with an appropriate Grassroots or higher license to fill the head coach positions for teams. The USSF Grassroots license is required to be obtained within the first year of coaching a team. Equivalent licenses through United Soccer Coaches will also be recognized.

Waivers may be granted by the Sublette United DOC, with recommendation from the BOD, to those with no license as long as they have demonstrated ability to coach and obtain the USSF Grassroots license within the first year of selection, and continue to make every effort to obtain license(s) and additional coaching education and no other person with a coach's license has applied for the same team.

### **5.3 ROLE AND DUTY OF COACHES**

The principal role of a head coach is to prepare the team and its players to compete in league games and tournaments. In preparing players for play, the coach should take into account the level of development of each individual player and the integration of that player's various talents for the good of the team. In this

context, winning is an affirmation of having successfully mastered the fundamentals; losing is not necessarily evidence of failure or the absence of growth. In particular, the head coach will strive to:

- Promote the health and safety of players (see section 5.4);
- Establish and conduct productive practices;
- Educate the players in the rules of the game;
- Exhibit good sportsmanship and support the same in all persons associated with the team;
- Seek out current methods of skill development, game strategies and coaching methods;
- Attend Sublette United orientation and coaches' meetings;
- Attend coach development and coach licensing clinics;
- Develop good relationships with the players and good communication with parents and the Board;
- Comply with the policies and procedures of WSA, US Youth Soccer, and the Sublette United Board of Directors.

A primary objective for each Head Coach is to foster the development of each player to the highest possible competitive level. This can be achieved by developing each player's physical, mental, and social skills. Physical skills include improving physical conditioning, learning specific sports skills, developing good health habits, and avoiding injuries. Mental skills encompass the ability to learn new strategies, and how to express emotions appropriately, to acquire mental toughness and resilience in challenging circumstances, and to develop feelings of self-worth. Social skills involve learning how to cooperate as the member of a team in a competitive context, and learning appropriate standards of conduct, with an emphasis on sportsmanship.

#### **5.4 ENSURE SAFETY OF PLAYERS**

Head Coaches and Assistant Coaches will ensure the safety of players to the best of their ability by implementing the following procedures:

- Making sure the field/facility are free of hazards and that goals are secured; o Leaving outdoor fields when lightning approaches. The WeatherBug/Spark phone app will be used to check the distance of lightning. If that tool is not available, the number of seconds you can count between a flash and thunder can be used. The number of seconds divided by 5 equates to distance in miles. Shelter immediately following a lightning strike within 8 miles and remain until 30 minutes have passed with no lightning strikes within 8 miles.
- Having access to a basic first-aid kit and a phone for emergencies;
- Making sure players wear proper footwear, shin guards, and attire for the weather;
- Ensuring that players have access to sunscreen and are properly hydrated, particularly when it is hot.

#### **5.5 ADMINISTRATIVE TASKS**

Together with the VPs of Competition and Recreation and DOC, head coaches will ensure the following:

- All players are registered and have paid required fees before playing or practicing;
- All players have a signed medical release on file;
- Player cards and rosters have been created by the registrar in a timely fashion, including by asking new players to submit a photo and birth certificate
- Tournament and league registrations, with the assistance of the treasurer and registrar, are completed prior to respective deadlines;
- Parents are properly informed regarding team news, including practice and game times, plans and anticipated fees for league and tournament play, etc.;
- All other club policies described in this document and the club bylaws are strictly followed.

## **5.6 REIMBURSEMENT**

Funds are available to reimburse the travel expenses of head coaches based on General Services Administration (GSA) standard rates. Requests must be made through the Travel Reimbursement form that is available from the Executive Director or Treasurer.

## **5.7 REMOVAL OF COACHES**

The Sublette United Board of Directors can summarily dismiss a coach with or without cause. Assistant coaches are subject to the same dismissal procedures as Head Coaches.

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# **SECTION 6. REGISTRATION POLICIES**

Members of Sublette United must register for club programs through the WSA designated registration system or process, and will submit or update all requested registration data and pay the required registration fees prior to published deadlines.

## **6.1 - REFUND POLICY**

Sublette United incurs costs for player insurance and processing fees upon player registration. These fees are non-refundable. In addition, teams are formed and registered into leagues based on player numbers. Once Sublette United commits teams to a league, the team depends on those registered players to fill out their roster for the playing season. Teams commit to the league once in the fall and once in the spring. Because of the small player pool in our community, each player is important in making sure our teams have adequate roster sizes. Refunds will only be considered upon request.

## **6.2 - UNIFORMS AND APPAREL**

Each player is responsible for obtaining their own jersey for the recreational league and full uniform kit for United Travel Teams. Each player is also responsible for acquiring appropriate footwear and shin guards. Exceptions apply in the instance of sponsors and scholarship assistance.

## **6.3 - PLAYER ELIGIBILITY**

A player's placement in a program is based on the US Youth Soccer birth year mandate and is different from a school year. The soccer age year starts January 1 and ends December 31. A player's age group is determined by the birth date within the calendar year. For example, if a player turns 8 within the calendar year then a player is considered U8.

## **6.4 - TEAM FORMATION, TRYOUT, AND SELECTION PROCESS**

The player tryout and placement process must comply with Section 11 of Wyoming Soccer Association (WSA) rules on tryouts, recruiting and poaching. The goal of the placement process is to maintain a fair, objective and thorough process for assessing a player's abilities and skills in order to place each player on a team that will best match and challenge their current level of play. Players in U8-U19 age divisions will be placed on teams in accordance with the US Youth Soccer (USYS) and WSA birth year matrix.

Sublette United, under the direction of the Board of Directors and its DOC and Coaches, will hold a skills assessment/tryout when the program specifies to and place individual players on a team that will allow the greatest opportunity for development & skill growth. Sublette United will field at least two teams across different age divisions and genders.

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# **SECTION 7. RULES OF PLAY**

Sublette United follows the Rules of Play as defined in WSA's Rules and Procedures. All WSA sanctioned competitions are played in accordance with the most current FIFA Laws of the Game and the modifications noted within these rules. It is the responsibility of the BOD, managing members, coaches,

and officials to be familiar with the Rules of Play – Modifications to Laws of the Game section of WSA's Rules and Procedures.

When hosting an event, Sublette United will establish Rules of Play that comply with the sanctioning organization(s). Said rules will be reviewed by the VPs of Recreation and Competition and the DOC to ensure compliance.

Sublette United will follow Rules of Play of the organization(s) hosting an event. The VPs of Recreation and Competition and the DOC are responsible for reviewing and verifying Sublette United's team(s) compliance upon registering for an event.

## **7.1 PLAYER EQUIPMENT**

In judging the suitability or safety of a player's uniform and equipment, the referee has the final decision.

- Be clean and presentable for games.
- Uniforms should only be worn for games.
- Wear the current regulation uniform.
- Undergarments are not to be visible from under the uniform. Jerseys are to be tucked in at the beginning of each game. Shorts should have a minimum three inch inseam.
- Goalkeepers may wear long trousers as they see fit.
- In cold weather, any player may wear leotards or warm-ups, sweat suits, or similar trousers, the legs of which may extend below the player's knee.
- Shin guards are required to be worn during all training and games.
- Socks are to be worn, pulled up, and over the shin guards.
- Players will provide their own water. There is no guaranteed access to water.
- Cleats are recommended but not required for recreational players.
- Cleats are required for all competitive players/teams.
- Any item which may constitute a potential danger to the player(s) will be prohibited, including but not limited to jewelry of any kind, watches, hard brimmed hats, barrettes, or hard objects worn in the hair, or other items that constitute a potential danger to the player and/or other players shall not be worn during games and practice activities. Taping over earrings is not permitted.
- Medical alert and religious jewelry may be worn if made safe to the satisfaction of the referee, such as by taping to the body.
- If a player is wearing a cast, splint, or other hard material, he/she may participate in games with appropriate padding or covering as determined at game time by the referee. Padding should be one or two layers of slow-recovery foam taped over the cast. Players with a soft cast, cloth brace, or similar item wrapped with soft material may play at the discretion of the referee..

In judging the suitability or safety of a player's uniform and equipment, the referee has the final decision.

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## **SECTION 8. FIELD SAFETY POLICIES**

Prior to each practice or game, coaches, officials and/or designated volunteers will check the area and field for safety concerns. The checklist is designed as a general guide for all fields. Certain fields will have other specific areas of concern that should be inspected and should be added to the following.

### **8.1 GOAL POST SAFETY**

- ☐ Portable or permanent goal properly secured and anchored. Confirm the anchoring system is not a hazard to participants.

- ☐ Inspect goal net and goal post for sharp corners, loose bolts and general integrity.
- ☐ Forbid any horseplay by players or members of the general public on or around any goal post.
- ☐ Portable goal posts should only be moved by authorized personnel.

## **8.2 FIELD AND AREA SAFETY**

- ☐ Inspect for foreign objects such as stones, glass, etc.
  - ☐ Check the field for holes, depressions, torn sections (if artificial turf), etc. Notify Sublette United of unsafe field conditions in writing. Keep a copy for your records.
  - ☐ Make sure sprinkler heads are seated.
  - ☐ Make sure water drains beyond the touch line are marked for player awareness.
  - ☐ Observe 3' restraining line from the touch line. Area must be obstruction free, except for coaches.
  - ☐ Review fencing. No climbing to retrieve balls.
  - ☐ Inspect the condition of and access to restrooms and portable toilets.
  - ☐ Survey parking lots, concessions and vendor areas for any obvious hazards. Make spectators and players aware of any hazardous conditions; and notify Sublette United of unsafe conditions in writing as soon as practical.
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## **SECTION 9. MATTERS NOT PROVIDED FOR**

The above rules and procedures are not meant to be all-inclusive. Matters not provided for or extraordinary circumstances shall be brought to the attention of the Sublette United Board of Directors for determination and appropriate action.